



The Cornpicker

Bulletin of Fairbury, IL Rotary Club

Fairburyrotary.com



2010 - 2011 Officers

President Charlie McDonald
 Pres. Elect Becky Whitfill
 Vice President
 Sec/Treas/Editor Leroy McPherson

DATE/TIME/PLACE: Oct. 19, 2010 - 12:00 noon at Marchelloni's

ATTENDANCE: 20 Plus Melissa Eshleman

LOTTO: K. Kahle & S. Weeks

PERFECT ATTENDANCE

K. Bahler

ACTION ON THE AVENUES

CLUB SERVICE

Programs:

- 10/19 - Jim Paternoster
- 10/26 - Keith Bahler
- 11/02 - PCHS
- 11/09 - Enbridge - K. Bahler
- 11/16 - Bill Munz - Jim Hargitt - SELCAS
- 11/23 - Dean Moser
- 11/30 - Spencer Homan
- 12/07 - Christmas Party
- 12/14 - PCHS
- 12/21 - OPEN
- 12/28 - OPEN

Bit's & Pieces

Look deep, deep into nature, and then you will understand everything better . . . Albert Einstein

AREA CLUB MEETINGS

Bloomington	12:00 Noon	Thurs.	Elks Club
Gibson City	6:45 a.m.	Wed.	The Country Kettle
Gilman	6:05 p.m.	Tues.	Gilman Lounge
Lincoln	11:50 a.m.	Wed.	Elks Country Club
Normal	12:00 Noon	Wed.	Bone Student Center

COMMUNITY SERVICE

We received a thank you from the Library for our donation for Bill Orth.



Mark Your Calendar!

Oct. 28 - Food Pantry - We need at least 4 Rotarians to work that day.

Oct. 30 - Fairbury Fire Department Hog Roast & Raffle.

Nov. 6 - Lungevity Walk will be held on Nov. 6th. See Josh or Deb M. for details.

Nov. 10 - American Red Cross of the Heartland Heroes Breakfast will be held at 7:30 a.m. at the Doubletree in Bloomington.

Vaccines

Melissa Eshleman

Melissa works for Doc's Drugs. She was the pharmacy manager and now is a director. They have 17 stores and she oversees the south half. She graduated from Butler University in 1993 and started with K-Mart. Melissa started giving vaccines in 2006.

Vaccines utilize a memory cell system in your body. Each year about this time they start to formulate the flu vaccine for next

year's use. This year you will be getting the H1N1 and flu shot together. The pharmacy will only give out vaccines to kids 14 years and older. Children 18 and under cannot use mercury based vaccine. Mercury is a preservative for the vaccine. If you do not want it, you must request not to have it. A vaccine is normally good for only 6 months.

VACCINES

What is a vaccine? The immune system recognizes "germs" as antigens. It produces a protein substance called an antibody to fight the antigen. The antibodies may disappear from the body once they are done fighting the antigen, however the cells that produce the antibodies become memory cells and remember the antigen (germ) years later. Hence a person develops immunity to a disease. Vaccines contain part or all of the antigen that causes disease but that antigen is either killed or greatly weakened. This allows the body to not experience signs or symptoms of the disease but does allow the body to produce antibodies and memory cells to fight the disease in the future.

Most common adult vaccines:

Seasonal influenza

Pneumococcal polysaccharide

MMR(measles, mumps, rubella)

Td or Tdap (Tetanus, diphtheria, pertussis)

Hepatitis A

Hepatitis B

HPV (Human Papillomavirus)

Zoster (shingles)

If you'd like a copy of the 3-page report "Summary of Recommendations for Adult Immunization" - send a note to Denise at dkinzer@bluestem.com