



# The Cornpicker

Bulletin of Fairbury, IL Rotary Club

*Fairburyrotary.com*



2010 - 2011 Officers

President . . . . . Becky Whitfill  
 Pres. Elect . . . . .  
 Vice President . . . . .  
 Sec/Treas/Editor . . . . . Leroy McPherson

**DATE/TIME/PLACE:** Nov 1, 2011 - 12:00 noon at Marchelloni's

**ATTENDANCE:** 18 plus Karen, Trish & Dan

**LOTTO:** M. Petersen & D. Moser

**PERFECT  
ATTENDANCE**

Gary Huston

## ACTION ON THE AVENUES

### CLUB SERVICE

Programs:

11/01 - Elementary Learning	12/06 - Christmas Party
11/08 - Becky Whitfill	12/13 - J.H. Student Council
11/15 - Jim Paternoster	12/20 - OPEN
11/22 - OPEN	12/27 - John Rich
11/29 - OPEN	

Membership:

- Miss Illinois was at P.C.H.S. at 2:30 today!
- We received a thank-you from Rod
- Received an invitation to the Family Health Open House Nov. 2nd from 4:00 - 7:00 p.m.



11/10 - Deb Oelschlager  
 11/13 - Jim Paternoster  
 11/18 - Josh Smith  
 11/22 - Keith Bahler  
 11/27 - John Strong

### COMMUNITY SERVICE

**Fairview Haven "Harvest of Sharing"**

Silent Auction - Wed. - Fri. Nov. 2-4  
 Benefit Supper - Fri., Nov. 4 from 4:00 - 7:00

### BITS & PIECES

Each age has its own techniques . . . *Jackson Pollock*

### AREA CLUB MEETINGS

Bloomington	12:00 Noon	Thurs.	Second Presbyterian Church
Gibson City	6:45 a.m.	Wed.	The Country Kettle
Gilman	6:05 p.m.	Tues.	Gilman Lounge
Lincoln	1:50 a.m.	Wed.	Elks Country Club
Normal	12:00 Noon	Wed.	Bone Student Center

# ELEMENTARY LEARNING

Trish Boyd, Principal, Westview Elementary  
Karen Hazelrigg, Principal, Meadowbrook  
Dan Groce, Principal, Chenoa Elementary

**Dan** - Chenoa is using behavior recognition where tickets are given out and students put these in a basket for a drawing each week for prizes. They also get their picture in the paper and have a big drawing once a month. They also received a grant from U.S.D.A. on nutrition. They have posters, books and teach nutrition. The program is called "My Plate". They look at food labels for a healthier kid. They also have trained therapy dogs, George & Sara that come in 2 times per week for 2 hours per day so the kids can read to them.

**Trish** - Westview went from 386 to 418 students - 87 kindergarten (4 full time classes and 1 half-day). They have a new playground for them. The money was raised through fundraisers and brick sales. They have a positive attitude through Super Hot Tickets. They also had a Super Hot boot camp this year where they went over bus behavior, bathroom behavior, etc. They normally have 50-60 kids that get to pick a plastic egg out of the principal's nest and receive prizes. They also have a program for non tenured teachers where they give the new teachers extra support and also help with ADHD kids. They are using curriculum mapping in the language and math areas.

**Karen** - Stability balls. This is a pilot program for 3rd graders. They no longer use chairs.



(see insert)

These balls help create better attention and focus. They have an active class and these help blood flow to the brain, and allows the kids to move around. It strengthens their core and keeps the back straight. It helps enhance concentration. Each student had to earn their ball. Teachers attended a brief course - Think better, make better grades, better handwriting and movement. Teachers said focus has improved along with grades.

They are also using a Japanese Art called Origami. It is hands-on where they have to follow directions and pictures.

September 27, 2011

Dear Parents & Guardians:


Mrs. Schrader's third grade class at Chatsworth Elementary will pilot a program which utilizes sitting on stability balls in place of traditional chairs for part of the school day. The stability balls are made of a high quality plastic that is latex-free and burst resistant. It has small peg feet to provide some stability, keep it from rolling around the room, and for easy storage on the desktop. The ball is inflated to the designated size and custom fit to the child, based on height and placement at the desk.

Students will essentially "earn" their right to sit on a ball. In doing so, students are engaged and empowered with a sense of ownership. In addition, by giving students a positive outlet to move, many behavioral issues may be alleviated, thus improving the classroom environment. Once students are sitting on the ball on a daily basis, brief move and stretch breaks will be incorporated to allow students a mental and physical break, which will in turn help them to focus and learn in a more effective manner.

#### What are the benefits of sitting on the ball?



- Enhances attention and concentration
- Improves learning through movement
- Promotes "active sitting" - with little to no disturbance
- Assists in improving posture
- Improves blood flow to all parts of the body, especially the brain
- Strengthens core (postural) & back muscle groups
- Improves balance and coordination

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Please visit the WittFitt website at [www.wittfitt.com](http://www.wittfitt.com), as it will provide you with more in-depth information about WittFitt, the stability balls, and a chance to view students on the balls. You will receive more informational materials and a chance to try a stability ball at the upcoming Parent Teacher Conferences on November 2<sup>nd</sup> & 4<sup>th</sup>. If you have any questions or concerns, please do not hesitate to contact me.

Sincerely,

*Mrs. Karen Hazelrigg*

Mrs. Karen Hazelrigg  
Principal  
Chatsworth Elementary School  
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Please sign and return the attached sheet indicating that you have read and understood this letter.