



The Cornpicker

Bulletin of Fairbury, IL Rotary Club

"SOW THE SEEDS OF LOVE"

fairburyrotary.com

2002 - 2003 Officers

President Jon Bachtold
Pres. Elect Jeff Schweizer
Vice President
Sec/Treas Leroy McPherson

Editor. . .Leroy McPherson

DATE/TIME/

PLACE: October 29, 2002 12:00 Noon at McDonald's

ATTENDANCE: 22 plus Kathy Richmond & Nancy Knaur

MISSING: E. Bellot, C. Borngasser, J. Capasso, T. Casson, R. Davis, P. Hermes, B. Munz,
R. Nussbaum, E. Palen, M. Petersen, P. Pogue, M. Prost, J. Schweizer, M. Steffen,
J. Strong, M. White

SING-A-LONG: Stodola Pumpa - Home on the Range

LOTTO: Deb Oelschlager, Deb Kinate

ACTION ON THE AVENUES

CLUB SERVICE:

Programs:

- 11/05 - Tom Walsh IVC Gen. Manager
- 11/12 - Jim Paternoster
- 11/19 - Carl Meyer
- 11/26 - Mark Steffen - Customer Service
- 12/03 - Chamber "Shop Fairbury"
- 12/10 - Christmas Party

COMMUNITY SERVICE:

Student of the Month - Lacey Aiello

Lacey is an outstanding student who has demonstrated a strong commitment to the Language Arts. Her skills as a writer are exceptional and she has worked hard to develop her talent by taking advantage of the numerous opportunities our department offers for developing writers.

Mike Quinn, Prairie Central

ROYARY CHRISTMAS PARTY

December 10th at 6:30 P.M.
McDonald's Family Restaurant



*Still in planning stages -
but mark your calendar!*

Birthdays



- 11/10 - Debbie Oelschlager
- 11/13 - Jim Paternoster
- 11/19 - Deb Kinate
- 11/22 - Keith Bahler
- 11/27 - Mark Steffen

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Liv. Co. Health Dept. (Flu & PSA Test)

Jon made a last minute request of the Health Dept. to help us out. Nancy and Kathy both work for the Health Dept. and were in Fairbury at the Lutheran Church giving flu shots and PSA tests. Nancy enlightened us on how serious the disease really is. It is spread by cough. It is a fever, cough, muscle aches, etc. You can have it and spread it 1-2 days prior to it showing. It can last 4-5 days after you become sick Who should have a flu shot? - infants 6 mos. to 23 mos., people in nursing homes and who work there, people 51 and over, HIV, cancer, people on steroids, after 3 months of pregnancy care takers and community servants. It is egg based so you cannot take it if you have a reaction to chickens or eggs. Some risks are soreness, red swelling, fever and aching. You cannot get the flu from the flu shot. The shot should be given Oct. - Nov with the peak of the flu season January - March. The vaccine is updated each year. It takes two weeks after the shot before you are protected. In the year 1580 it was recognized. Large epidemics included the Spanish flu in 1919, then 1957-58 and 68-69 world-wide. It will last 5-7 days to two weeks. It can cause complications and pneumonia. Vaccines have to be changed as the virus changes or shifts (small changes). In a

shift it is a drastic change and will take up to a year to update the vaccine.

Kathy explained PSA - elevated prostate cancer. It affects the bladder and tube that lets your urine drain out. There are 185,000 men who get it each year of which 39,000 die. It is very common and is the 2nd leading cause of death in men. The risks increase with age 55 plus. Some symptoms are frequent urination or blood in urine. It can be detected by a blood test or a digital rectum scope. It can be removed by surgery and treated with radiation and or therapy. The best defense is early detection. Chemo and radiation are the most common treatments. It is a very slow developing cancer that can't be cured but can be treated. It may cause male disfunction. There are several aids for this. Some other symptoms are hip and lower back pain. One out of every six will get it! Feel free to visit their wellness clinic or web site.



BITS & PIECES

A mixture of horse sense and common sense about working with people.

Live Life to the Fullest

I learned to live many years ago. Something really bad happened to me, something that changed my life in ways that, if I had had a choice, it would never have been changed at all. And what I learned from it is what, today sometimes seems to be the hardest lesson of all.

I learned to love the journey, not the destination . . . and that today is the only guarantee you get. . . .Anna Quindlen

QUIPS AND QUOTES:

A strong positive attitude will create more miracles than any wonder drug.



Instinct is the nose of the mind.

AREA ROTARY CLUB MEETINGS

Bloomington	12:00 Noon	Thursday	Elks Club
Gibson City	6:15 p.m.	Wednesday	Bayern Stube
Gilman	6:05 p.m.	Tuesday	Gilman Lounge
Lincoln	11:50 a.m.	Wednesday	Elks Country Club
Normal	12:00 Noon	Wednesday	Bone Student Center
Piper City	6:15 p.m.	Monday	Azz Izz Tavern
Pontiac	12:00 Noon	Tuesday	Mary's Family Rest.